

**Physical Education and
Sports Premium Funding
July 2020**

£18,260

Physical Education and Sports Premium Funding

- All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.
- Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.
- Getting children in our school community physically active matters more than ever this year. At St. Mary's Catholic Primary School, children live in flats and sometimes overcrowded spaces, and most do not have a garden. Their opportunities to be active during the course of the Coronavirus pandemic has been limited. Consequently, we are prioritising the teaching of PE to improve health and well-being.
- Not all planned actions were able to take place in the academic year 2019-20 due to the Coronavirus pandemic, so where possible these will be developed in 2020-2021.

What is the Sports Premium?

The government has confirmed that the Primary PE and Sport Premium funding will continue at £320 million for the 2020/21 academic year.

- In 2019 -2020, St Mary's Catholic Primary School received **£18,260**
- <https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools#about-the-pe-and-sport-premium>

Purpose of the funding:

- Schools will have to spend the sport funding on improving their provision of PE and sport but will have the freedom to choose how to do this.

Possible uses of the funding include:

- Providing targeted activities or support to involve and encourage the least active children;
 - Encouraging active play during break times and lunchtimes;
 - Establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered;
 - Adopting an active mile initiative;
 - Raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim.

At St Mary's Catholic Primary School our overall aim will be to improve the quality and breadth of PE provision for all pupils, raising achievement and ensuring a lasting impact.

2019 -2020

Actions	Impact	Cost
'Health and Fitness' week – provide staff to oversee, including use of additional days PE coach	This event is being carried over to Autumn 2020 due to Coronavirus	£1,000
To provide additional PE opportunities for children in smaller groups	Children to be taught in smaller groups, enabling them to have higher levels of participation within the sessions. Swimming money was committed in advance, as-was the salaries of staff for small groups. These continued to be funded throughout the year, though with limited impact in the Summer term, with fewer children attending school.	£1,964
Purchase of PE and Playtime equipment and resources to support planning and delivery of high quality PE.	More equipment was available which improved the quality of lessons and improved levels of skill development. Enhanced positive attitudes. Increased engagement in physical activities during playtime. Increased fitness levels of pupils and positive experiences relating to fitness and sports. The impact meant more active playtimes for the year until Easter.	£1,500
Additional swimming lessons for weak swimmers	A more intensive programme for less confident swimmers was put together for a few students who struggled with swimming, and funding of member of staff to go into the pool with children to support. This support was maintained until lock-down then cancelled due to Covid. <u>Swimming outcomes for Year 6 in 2020:</u> Able to swim 25 Metres: 77% Strokes learnt: front-crawl, backstroke, breaststroke Higher group – butterfly Highest group – learnt fundamentals of lifesaving	£1,000
Sports Day to be held at Paddington Recreation Ground	This did not take place due to Covid-19 but will be re-scheduled in Autumn term.	
Coach and staff to run after school classes for pupils, providing a variety of activities	The afterschool options run by sports coach or teachers for free for pupils and to include yoga, multi-sports or gymnastics, football, e.t.c.	£4,460
Sports seminar	Give pupils an insight into different sporting events and experience first-hand how to play the sports and the rules	£2,000
Survey to determine the cause and remedy of subsidence in Muga pitch	Take action to treat root cause of subsidence in Muga pitch, and plan towards taking action to carry out this work (estimated cost in region of £100,000 if work to be carried out and to be guaranteed)	£4,000
Implementation of before-school fitness sessions (Daily Mile)	Children to take part in the 'Daily Mile' (subject to weather) or indoor calisthenics (if weather poor) Improved fitness levels for all children, especially for children who do not normally choose to be active. At the start of the year, only about 10% juniors could run continuously for a lap of the playground; by February ½ term, this had increased to 70%.	£1500
Total committed:		£17,424