

St Mary's Catholic Primary School
Canterbury Road, London, NW6 5ST

Telephone: 020 7624 1830

Email: admin@marycps.brent.sch.uk



Physical Education and Sports Premium Funding 2018 - 2019

Physical Education Premium Funding

At St Mary's Catholic Primary School, we recognise the contribution of PE to the health and well-being of the pupils. We believe that an innovative, varied PE curriculum and extra-curricular opportunities have a positive influence on the concentration, attitude and academic achievement of all our pupils. Physical Education and sport clearly contribute to the holistic development of young people and through participation in sport and physical education, the pupils learn more about key values such as teamwork, fair play and respect for themselves and others. There is significant evidence to show the positive effects of sport and exercise on pupil's physical health, growth and development. Furthermore, sport also provides a healthy environment for young people to learn how to deal with competition and how to cope with both winning and losing.

What is the Sports Premium?

Academic year 2018-2019

Amount of PE and sport Premium we expect to receive:

Eligible pupils: 282

£16,000 and an additional £10 per pupil.

The school will receive a total of £18,820

Purpose of the funding:

Schools will have to spend the sport funding on enhancing and improving their provision of PE and sport but we will have the freedom to choose how to do this.

Possible uses of the funding include:

- To source external agencies to provide high quality after school clubs
- Paying for professional development opportunities in PE/sport
- Providing cover to release primary teachers for professional development in PE/sport
- Running sport competitions, or increasing participation in the school games
- Providing places for pupils on after school sport clubs and residential visits
- Purchase of quality PE and Playtime equipment

At St Mary's Catholic Primary School our overall aim will be to improve the quality and breadth of PE provision for all pupils, raising achievement and ensuring a lasting impact. We have developed an action plan in order to do this.

**Impact of Spending PE Funding at St. Mary's Catholic
Primary School for 2018 - 2019:**

Actions	Impact
Wider range of high-quality after school clubs covering ball sports, multi-sports (including gymnastics)	Enhanced quality of extra-curricular provision of PE covering all strands. Increased range of sporting opportunities. Increased levels of motivation from all pupils. Highly skilled professional delivery of skills and techniques. Activities offered included playground games, martial arts club, football, netball, yoga and more. Less active children were encouraged to take part.
To support regular sport tournaments, festivals and competitions for pupils of all ages (including release of staff).	Pupils had opportunities throughout the year to participate in tournaments, and compete against other schools.
To provide additional PE opportunities for children in smaller groups	Children were able to be taught in smaller groups, enabling them to have higher levels of participation within the sessions.
Purchase of PE equipment and resources to support planning and delivery of high quality PE.	More equipment was available which improved the quality of lessons and improved levels of skill development. Enhanced positive attitudes. Increased engagement in physical activities during playtime. Increased fitness levels of pupils. Positive fitness and sporting experiences.
Additional swimming lessons for weak swimmers in Year 4	A more intensive programme for less confident swimmers was put together for a few students who struggled with swimming.
Sports Day was organised at Paddington Recreation Ground for the first time	Pupils experienced relay races and other sports day games and races that we were unable to accommodate on the school site.
Sports seminar	Give pupils an insight into different sporting events and experience first-hand how to play the sports and the rules. Visit to the school from Woman's professional football player.

**Planned Spending PE Funding at St. Mary's Catholic
Primary School for 2019 - 20**

Actions planned	Impact	Cost
'Health and Fitness' week	This will take place in Summer term and link with new PSHE scheme and Healthy Living theme.	£1,000
To provide additional PE opportunities for children in smaller groups	Children to be taught in smaller groups, enabling them to have higher levels of participation within the sessions.	£1,964
Purchase of PE and Playtime equipment and resources to support planning and delivery of high quality PE.	More equipment was available which improved the quality of lessons and improved levels of skill development. Enhanced positive attitudes. Increased engagement in physical activities during playtime. Increased fitness levels of pupils and positive experiences relating to fitness and sports.	£1,500
Additional swimming lessons for weak swimmers	A more intensive programme for less confident swimmers was put together for a few students who struggled with swimming.	£1,000
Sports Day to be held at Paddington Recreation Ground	This allowed our pupils to experience rally races and other sports day games that we were unable to accommodate on the school site.	£500
Coach and staff to run after school classes for pupils, providing a variety of activities	The afterschool options run by sports coach or teachers for free for pupils and to include yoga, multi-sports or gymnastics, football, e.t.c.	£4,460
Sports seminar	Give pupils an insight into different sporting events and experience first-hand how to play the sports and the rules	£2,000
Survey to determine the cause and remedy of subsidence in Muga pitch	Take action to treat root cause of subsidence in Muga pitch, and plan towards taking action to carry out this work (estimated cost in region of £100,000 if work to be carried out and to be guaranteed)	£4,000
Implementation of before-school fitness sessions (Daily Mile)	Children to take part in the 'Daily Mile' (subject to weather) or indoor calisthenics (if weather poor) 2 days per week. Improved fitness for all children, especially for children who do not normally choose to be active.	£1500
Total committed:		£18,

